



# R E C I P E

Recipes gathered from many resources, especially [www.allrecipes.com](http://www.allrecipes.com)

## GARLIC CHICKEN FRIED CHICKEN

### INGREDIENTS

- |                              |  |
|------------------------------|--|
| ‡ 2 tsp. garlic powder       | ‡ 1 egg  |
| ‡ 1 cup all-purpose flour    | ‡ 1 tsp. paprika   |
| ‡ 1 tsp. ground black pepper | ‡ 4 skinless, boneless chicken breast halves, pounded thin |
| ‡ 1/2 cup milk               | ‡ 1/2 cup seasoned bread crumbs                            |
| ‡ 1 tsp. salt                |  |

### DIRECTIONS

1. In a shallow dish, mix together the garlic powder, pepper, salt, paprika, bread crumbs and flour. In a separate dish, whisk together the milk and egg.
2. Heat the oil in an electric skillet set to 350 degrees F. Dip the chicken into the egg and milk, then dredge in the dry ingredients until evenly coated.
3. Fry chicken in the hot oil for about 5 minutes per side, or until the chicken is cooked through and juices run clear. Remove from the oil with a slotted spatula, and serve.